

HOGE • FENTON

**LET'S TALK MENTAL HEALTH
WEBINAR - MAY 11, 2022**



LET'S TALK MENTAL HEALTH

Zoom Webinar

MAY 11, 2022
12 - 1 PM PDT

Join our distinguished panel of healthcare professionals for an open discussion on how we can improve the mental wellness of our community

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This May, Hoge Fenton honors Mental Health Awareness Month. Our mental health is just as important as our physical health, but it is frequently ignored. As a society, we do not often discuss mental health nor bring the issue to the forefront of our focus. Part of the problem is that public stigma and shame of mental illness are still prevalent.

Join us for an open discussion to raise awareness and help us understand how we can help our community achieve better mental wellness. Our panel of experts will discuss the following:

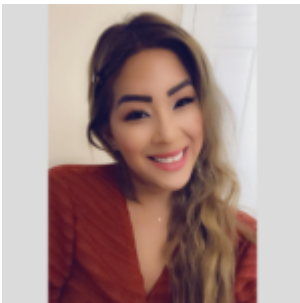
- How the pandemic has impacted our mental health
- How cultural differences, socio-economic status, and ethnicity affect the way we deal with mental health issues
- Legislation related to mental health care
- Tips on how to improve your inner wellness
- Resources that are available to meet your mental health needs

REGISTER
HERE

Meet Our Esteemed Panelists



Julie Wann is a member of Hoge Fenton's DEI Programming Subcommittee and will be moderating our discussion. She is an attorney who focuses on individual, partnership, and corporate taxation, and the formation of limited liability companies, partnerships, corporations, and nonprofits. Julie advises individuals in estate planning, wealth transfer, and tax planning, and entities in sales, purchases, and restructurings. She also structures real property transfers that preserve the real property tax basis.



Baotran Amanda Nguyen, AMFT & APCC is a Vietnamese-American mental health clinician with 5+ years of experience working with kids with Autism. She is currently employed at Hope Services (a non-profit organization) in Santa Clara County working with Intellectual and Developmental Disabilities (ID/DD) and Neurotypical populations ranging from adolescents to the elderly. Baotran strives to provide tools and interventions to support clients' well-being and stabilize their home placement.



Mae Sampani is a senior clinical director for the Bay Area region of Pacific Clinics. She oversees the Placement Services Crisis Stabilization Response Team, Family Focused Support Services, Outpatient, Katie A, and Differential Response programs. Mae manages daily operations and follows compliance and safety policies, standards, and regulations. Since joining the agency in 2013, she has designed and implemented agency-wide initiatives, annual priorities, and continuous quality improvement.



Sarah Schorr has provided mental health services in rural outpatient mental health clinics, non-profit settings, and public schools. She is now preparing to test for her clinical license in social work. Sarah currently works for Hope Services Counseling Center providing therapeutic services to individuals and families who receive Medi-Cal insurance. She strives to create connections in all areas of life through empowerment, direct action, and person-centered approaches.



Dr. Thomas Tarshis, MD, MPH is the president, initial clinician, and director of the Bay Area Children's Association. He is a Social Justice Physician, Programmer, and Founder of Non-profit, and taxable entities fighting to remove suicide as the #2 cause of death in youth. Dr. Tarshis is a board-certified adult, adolescent, and child psychiatrist and serves as adjunct clinical faculty at Stanford University in the department of psychiatry.

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